

Social, Emotional and Mental Health Waves of Provision at Newhampton Federation



Targeted

No Worries, Restorative Conversations, Individual Work Space, Quiet Working Areas, Forest School Sessions, Gardening Club, Zones of Regulation, Star of the Week, Targeted PSHE Sessions, Structured Break/Lunch Periods, Social Stories, Visual Timetable, Warning Before Changes

Universal

Quality First Teaching

Emotions Check-in, Friendship Friday, Calm Brain, Quiet Working Areas, Behavior Plan, Adapted Tasks, Multi-Sensory Approaches, Growth Mindset Activities, Rewards and Consequences,